



Cereal Porridge Preparation Possibilities:

1) Preparation with milk formula

1. Boil fresh drinking water and allow to cool to approx. 50 °C / 122 °F. Prepare approx. 200 ml / 6.76 fl oz of milk formula (e.g. HiPP Combiotic Stage 2 – Organic Follow-On Formula).
2. Place 3 - 4 tablespoons (22 g/ 0.78 oz) HiPP Organic Cereal Porridge in a bowl.
3. Add prepared milk food to the porridge powder and stir.
4. Allow to swell until desired consistency is reached. Check the temperature, e.g. with a thermometer.

1) Preparation as half-milk porridge

1. Add 100 ml / 3.38 fl oz whole milk + 100 ml / 3.38 fl oz water to a pot and boil. Allow to cool to approx. 50 °C / 122 °F.
2. Place 3 - 4 tablespoons (22 g/ 0.78 oz) HiPP Organic Cereal Porridge in a plate.
3. Add prepared milk food to the porridge powder and stir.
4. Allow to swell until desired consistency is reached. Check the temperature, e.g. with a thermometer.